



Annual Report Clubs/Forums 2019-2020

St. Thomas College, Kozhencherry

Annual Report Clubs and Forums 2019-2020

ALUMNI ASSOCIATION

The Annual General Body meeting of the Alumni association was held on 28 August 2019 at Dr Juhanon Mar Thoma Hall. Dr Mathew P. John, Principal, St Thomas College Kozhencherry presided over the meeting. Prof. P. J. Kurian (former Rajya Sabha Deputy Chairman) inaugurated the meeting. Dr C. P. Robert, Director, CARD Krishi Vigyan Kendra delivered the keynote address. Mr Libus Jacob Abraham, Secretary-in-charge, presented the annual report and Sri. Philip Mammen, Treasurer, presented the income and expenditure accounts. Former teachers were honoured with ponnada and the alumni who got awards were felicitated by the association. Sri. Biji Thomas, Prof. Joseph Philip and Rev. Dr Mathews Vazhakkunnam were felicitated at the meeting. The election to the office bearers was conducted. Sri. Pramod Kumar K. N. rendered vote of thanks. Lunch was served after the meeting. 210 participants attended the meeting. The following are the new office bearers. President: Dr Mathew P. John; Vice Presidents: Mr Victor T. Thomas & Dr Viju Susan Mathew.



Alumni meetings of English, Hindi and Malayalam Departments were also conducted on 28 August 2019. Commerce Alumni meeting was conducted on 3 August 2019. Riyad Chapter of Alumni Association conducted a meeting on 3 August 2019 at the Retreat Centre Maramon. Principal, Dr Mathew P. John delivered felicitations. The Ayroor Chapter of Alumni association conducted a meeting on 10 August 2019 at the Community Centre of Ayroor Sehion Mar Thoma Church. 80 participants were present. Botany Department Alumni get-together, FICUS, was held on 2 October 2019. An alumni meet of the National Service Scheme was held on 2 October 2019 at the Dr Juhanon Mar Thoma Hall. The installation of solar units that power the Departments of Economics and Commerce would not have been possible without the respective Department alumni associations. Several Scholarships, awards and sponsorships are also implemented through our Alumni chapters.

Secretary: Mr Libus Jacob Abraham

ANTI-DRUG CELL

On 26 June 2019, Anti-Drug-Abuse Day, an awareness programme, a magic show and a quiz programme were arranged in association with Anti-Alcoholic Association, Elanthoor. It was helpful in instilling an anti-drug culture among the students.



A 'Say No to Drug' campaign was organised on 2 July 2019. Dr Mathew P. John, Principal of the college, inaugurated the programme. 320 students signed the 'No to Drug Board' and took an oath against drug abuse. An awareness rally was conducted on behalf of the NSS camp on 30 December 2019.

An anti-drug awareness flash mob was conducted on 4 October 2019 in association with NSS.



Convenor: Mr Arun John

BRAINS TRUST

The Brains Trust, in association with IQAC, organised a programme, *Sancharapadhangalilude-2020*, to create an opportunity for students to interact with our alumnus and renowned media person Mr P. G Suresh Kumar, Senior Coordinating Editor, Asianet News, at the Dr Juhanon Mar Thoma Hall on 19 February 2020.



The meeting was presided over by the Principal, Dr Mathew P. John. Mr P. G. Sureshkumar shared his joyful experience on the campus and the journey to become a successful media person. The interaction motivated the students. Dr Asha Susan Jacob, the IQAC Coordinator, offered felicitations and a memento of appreciation was handed over by the Principal.

Convenor: Mr Shinu Koshy

CAREER AND PLACEMENT CELL

Placement Drive

1. Career and Placement Cell, St Thomas College, in association with DDU-GKY (Deen Dayal Upadhyaya



Grameen Kaushalya Yojana) of Union Ministry of Rural Development, organised a placement drive for 2018-19 batch students and for the general public on 1 August 2019. This placement drive was for immediate placement in different sectors such as hospitality,

tourism, banking, insurance and NBFCs, hardware and electronics. Preference was given to candidates belonging to SC, ST, Minorities etc. Around 100 job seekers attended the drive and short-listed candidates were offered internship and training free of cost sponsored by the Ministry of Rural Development.

2. On 16th of August 2019, DDU-GKY placement drive was organised for immediate placement in sectors such as tourism, banking, NBFCs etc.

3.



The Placement Cell, in association with Kerala Government Employability Centre, organised a job fair on 26 August 2019 on the campus. 8 companies participated in the fair. Out of 154 job seekers registered, 14 were selected and 41 were shortlisted for further selection process.

Orientation on Career in Government Sector

The Placement Cell in association with IQAC Student Support and Progression Committee organised a one-day orientation for final year UG and PG students of the college on 1 January 2020 about career options in government sector and how to tackle PSC (Public Service Commission) examinations.



PSC Coaching Classes

The Placement Cell signed an MOU with Brilliant Institute, Pathanamthitta, one of the leading training and coaching centres of PSC examinations, to conduct 100-hour classes for the students. Classes were conducted from the first week of January 2020 and around 56 students registered for these classes. On the onset of the outbreak of Corona, classes were transferred to online platforms and YouTube channels.



Campus Interview

1. Campus interview for Axis Bank was conducted on 6 February 2020.

2. ESAF Group of Institutions conducted an exclusive interview for 2020 batch graduates of St Thomas college on 2 March 2020.



Orientation on opportunities for overseas education

An orientation session was organised on 25 February 2020 in association with Santa Monica Consultancy for final year UG and PG students on the possibilities of studying abroad in various universities in Europe, Canada, the USA and Australia.

Convenors: Mr Suresh Mathew George, Dr Jaya Jacob M., and Dr Praveen S.S.

COLLEGE UNION AND ARTS CLUB

The college Union election was held in a democratic manner on 21 August 2019. The following students were elected to the College Union embers for the academic year 2019-2020. Chairperson: Ms Leena Varghese; Vice Chairperson: Ms Lance Thankam Lal; General Secretary: Mr Abin George Mathew; Arts Club Secretary: Mr Bibin Viju; Magazine Editor: Mr Ameer Suhail Shaji; University Union Councillors: Mr Ganesh Kurup and Mr Bipin Sadhasivan; Women Representatives: Ms Neethu Sunil and Ms Pretty Ann Mathayi; Degree First Year Representative: Ms Saranya S.; Degree Second Year Representative: Mr Mebin George Jose; Degree Third Year Representative: Mr Justin K. Jose; PG First Year Representative: Mr Amith S.; PG second Year Representative: Ms Stefy Mariam Koruthu. The elected members took the charge on 26 August 2019.

Union Inauguration

The College Union inauguration was held on 3 September 2019. The Secretary, Mr Abin George Mathew, welcomed the gathering and explained the prospective working plan of the college union. The Chairperson, Ms. Leena Varghese, presided over the function and solicited the support and active participation of the students for the smooth functioning of Union. The programme was inaugurated by Smt. Veena George (MLA, Aranmula Constituency). Students endowed with artistic talents made the day colourful.



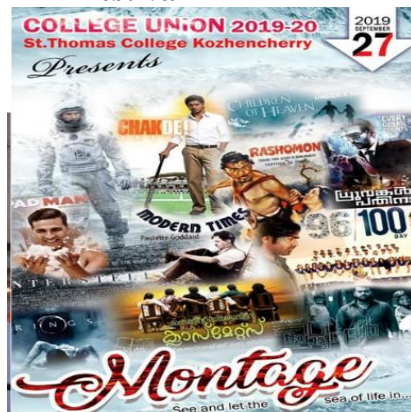
Sravanika: Onam Celebration 2019

Onam celebration *Sravanika* was conducted on 6 September 2019 with all its traditions. Magazine Editor, Mr. Amir Suhail Shahid, welcomed the gathering. The programme was presided over by Ms Leena Varghese (Chairperson, College Union). Sri.Kalamandalam Surendran gave the keynote address.



Onam message was given by Dr Mathew P John, College Principal. College Union Staff Advisor, Mr Libus Jacob Abraham, offered felicitation. Vote of thanks was proposed by Mr Abin George Mathew (General Secretary, College Union). It was followed by Competitions in traditional Onam events like Onam Song and Onapookkalam.

Film Festival



A film festival was conducted on 27 September 2019. Mr Minon John, national award winner and actor, was the chief guest of the programme. About 10 films were screened in 5 venues. 101

chodyangal was the inaugural movie. The college magazine for the year 2018-2019 entitled *Urumbukalude Longmarch* was released on the same day.

Arts Club Inauguration: *DHRUVA 2K20*

The College Arts Club inauguration *DHRUVA 2k20* was held on 9 January 2020. The musical concert by the famous orchestra team “SIX THIRTY PM” was the major attraction for the day. The programme was inaugurated by Dr Mathew P John, the College Principal. The music band enthralled the gathering with their magical music. Artistic performance by students followed the concert.



College Youth Festival

The College Youth Festival was held on 10, 13, 14 & 16 of January 2020. Venues were named after the JNU, JAMIA and ALIGARH campuses where the voices of the youth of the country protesting against the Citizenship Amendment Bill were raised.

College Day: *Mayookham*



The College Day celebrations were held on 13 February 2020 in association with the College Union. The official function started at 10.30am at college auditorium. Adv. Zakeer Hussain, the chief guest of the day delivered the keynote address. Dr Mathew P John, the Principal, offered felicitation. The College Union General Secretary presented the report of College Union 2019-20. The live concert by the folk music band *Vocals of Kanal* lighted up the day. The students of the college performed various cultural programmes.

University Youth Festival



The students actively participated in the University level youth festival which was held from 27th February to 2 March 2020 at Al Azhar Campus, Thodupuzha. R. Jaison Pradhan won 3rd prize with A grade for percussion and One student won third position 15 students secured “grade A” in their respective events.



Mr Libus Jacob Abraham, Dr Shinimol A. K., and Dr Teena Rachel Thomas served as Staff Advisors to the College Union, Arts Club, and College Magazine respectively.

COUNSELLING CELL



The personal and group student counselling support system facilitated by IQAC for the academic year 2019 - 2020 functioned meaningfully and effectively from 27th

June 2019 to 27th February 2020. Group counselling sessions were organised for all first-year graduation classes. Personal counselling sessions were also arranged for students. Some students had more than one counselling sessions. Due to the limitation of time, all the students who requested personal counselling sessions could not be given a chance for the same.

Convenor: Ms Ligi George

ENTREPRENEURSHIP DEVELOPMENT CLUB



The EDP club comprises of students from various disciplines who are interested in becoming entrepreneurs in the future. The club focuses on imparting practical knowledge and experience in the field of business and thereby equipping its

members to face the real challenges of becoming an entrepreneur. The club held a session on 27 February 2020 to help the members to get a realistic idea of business from existing entrepreneurs. The main guests of the session were Mr Liju Jose Mathew and Mr Lijosh Mathew Jose who run a flamboyant restaurant in Kozhencherry. The guests interacted with the members by sharing their personal experience and challenges faced in running a restaurant.

Convenor: Mr Laby Cherian Punnoose

GO GREEN SANTHOME CLUB



The activities of Go Green Santhome Club for the year was inaugurated on 30 September, 2019 by Dr. T. V. Sajeev, Principal Scientist and Research Coordinator of Kerala Forest Research Institute. Ms Chinnu Mariam Chacko, Coordinator of GGS Club introduced the vision and mission of Club. In the meeting presided over by the

Principal, Dr Mathew P. John, Mr Biji Abraham, Assistant Professor, Chirstian College, Chenganoor, Mr P.K. Vijayan Master, Environmentalist, and Dr Asha Susan Jacob rendered felicitations. Followed by the inauguration, GGS club logo and tagline were also released by the Chief Guest. Mr. Suresh Mathew George, Coordinator proposed vote of thanks.

Clean Campus Programme



Clean Campus Programme organised by Go Green Santhome on 2 October 2019. Volunteers collected plastics wrappers, pens and other plastic materials from the campus and cleaned the premises.

No Plastic Challenge Competition



Go Green Santhome conducted 'No Plastic Challenge Competition' for the students of St. Thomas College between 9 October-21 October on class basis. DC3 Physics bagged first prize and DC3 Mathematics bagged second prize for the No Plastic Challenge Plastic bottle competition.

Pen Dropbox: Cartons for Depositing Used Plastic Pens



Say No to Plastics - Plastic Free Campus

'No Plastic Oath' Ceremony and implementation of Green Protocol on the campus was organised by Go Green Santhome on 3rd February 2020.



Alternatives to Plastics: Exhibition and Sale

Go Green Santhome conducted exhibition of alternative to plastics and sale of eco-friendly products such as cloth bags, jute bags, paper bags, and other eco-friendly objects in association with Haritha Kerala Mission.



Vegetos –Agri Fest



VEGETOS 2019 is an annual sale of home-grown fruits, vegetables, tubers, rhizomes, saplings, value added products etc. This is a step towards green initiative by the Department of Botany. This year it was organized in association with Go Green Santhome. Student and staff participate in the programme.

Convenors: Ms Chinnu Mariam Chacko and Mr Suresh Mathew George

HOSTEL

College has separate hostels for UG and PG students efficiently managed by Mrs Thankamani and Ms Elssa Ann Koshy, wardens of UG and PG hostels respectively. There are 85 inmates. The renovated PG hostel was inaugurated by His Grace the Most Rev. Dr Joseph Mar Thoma Metropolitan, in the month of September 2020. Onam was celebrated in the month of September. Christmas celebration was conducted on 19 December 2019. The chief guest of the programme was Dr Mathew P. John, the Principal. Dr Sindhu R. S. gave a need-based talk on 18 January 2020, which was arranged to help the students to lead a better and healthier life. As a small step taken towards making students self-sufficient, a tailoring class was organised with Ms Aparna K. O. of PG 2 Botany as the instructor. The class comprised of 30 students. The farewell to outgoing students was given on 22 January 2020.

Convenors: Dr Jasy Thomas and Dr Leena K. Cherian

MAR THOMA STUDENTS ASSOCIATION

Under the auspices of the MTSA, a full night prayer was organised at the Kalliseri Kadavil Malika on 5 July 2019 and was presided over by Rev. P. K. Zachariah. Fifteen members participated in the prayer meeting.

On 4 August 2019 the activities for the year were inaugurated by Rev. Jojan Mathew John. Members of MTSA participated in Mar Thoma Students Conference. Holy Qurbana was celebrated by Rev. Daniel. T. Philip at the college chapel. In order to help the needy and poor “Thanal Box” a charity programme was reintroduced, the amount got from which was used for providing confidential aid to students, both financial and material aid like clothes, books etc. The MTSA has a vibrant choir too. The unit won the intercollegiate fest organised by Mar Thoma College MTSA Unit. A mission tour was organised to Anchukuzhi Prathyasha Bhavan on 30 November 2019.



Twenty students joined and financial aid was extended. Onam was celebrated with them. In order to create awareness about cleanliness a “Clean Chapel” programme was conducted. Christmas programme “Agape” was organised on 18 December 2019 at the college chapel. Rev. Sijo Samuel was the chief guest. 25 students participated in the VBS training camps this year. On 12 February 2020 senior students visited the MTSA unit during its meeting.

President: Ms Jyothi Sara John

NATIONAL CADET CORPS

One infantry company of NCC is functioning in the college with a total strength of 108 cadets, including SD and SW cadets. Cadets enrolled are given institutional trainings and can participate in various adventure activities, national level camps, annual training camps, community development programmes etc. The NCC company of the college comes under 14 K BN NCC, Pathanamthitta, Kottayam group, Kerala & Lakshadweep Directorate. Lt. Shaju K. John is the ANO of the company. SUO Noel Prakash Chandy, UO Sheena Nelson and UO Binz P.B. were appointed as the senior cadets for the year 2019-20. In the year 2019-20, 30 cadets passed C certificate examination and 32 cadets passed B certificate examination conducted during February 2020. First year cadets were enrolled by Col. NPS Thoor on 19 August, 2019. 2 cadets (SGT Akhil V.S. & SGT Abhirami Devaraj) from this company attended Pre-RD camp conducted at CRPF Pallipuram on November 2020. SGT Sreelekshmi S from this company attended TSC-IGC camp conducted at Calicut in September 2020. SGT Abhirami Devaraj attended EBSB PM Rally at New Delhi on January 2021 and CPL Abhijith Kumar KR attended EBSB Rajasthan on December 2020. 6 cadets attended Army Attachment Camp conducted at Pangode, Trivandrum from 27 January-10 February, 2020. Institutional training parades were conducted on all Saturdays in the college as per syllabus. Cadets helped in the smooth running of a job fair held in May 2020 by collecting data and information of the job applicants.

International Yoga Day was observed on 21 June 2019 by NCC cadets from this Coy by doing meditations, yogas and asanas in the college auditorium.



An awareness class was conducted for the students of this college about the dangerous effects of drug usage on 26 June 2019, World Drug Day. A Blood Donation Campaign was held in the

college during July 2020. Many cadets from this Coy donated blood. Cadets from this Coy under the supervision of ANO Lt. Shaju K. John provided relief services and material worth Rs 1.5 lakhs to the flood affected areas in Wayanad on 17 August 2019.



As a part of Gandhi Jayanti, cadets from this Coy cleaned KSRTC bus stand Pathanamthitta and some KSRTC buses on 2 October 2019.



Coy Commander & Officer: Lt. Shaju K. John

NATIONAL SERVICE SCHEME

Blood Donation

Year	CAMP/ EMERGENCY	Students	Unit
2019-2020	Blood donation camp	58	94
	Muthoot hospital, Kozhencherry	18	
	Mulamoottil hospital, Kozhencherry	11	
	TMM Hospital, Thiruvalla	4	
	Parumala Hospital	3	

Saplings Planted

Year	Programme	Saplings	Total
	Environmental day – distribution of saplings	480	

2019-2020	Haritham 2k19- grow with your campus sapling	573	3061
	One volunteer one sapling	150	
	My campus tree -Welcome new comers with seed pens and saplings	358	
	'Save our Pampa' bamboo planting project	1500	

Environmental Programmes**Health Programmes**

Year	Programme	Programme
2019-2020	Seed-pen and Paper pen making	<i>Snehasparsham</i> - Bud school visit& sponsoring
	Biodiversity park renovation	Health Awareness class in LP School
	Paper Bag making and distribution	International yoga day- Yoga for Good health seminar
	Environmental day celebration and sapling distribution	Monsoon Diseases-awareness campaign
	<i>Haritham 2k19</i> - grow with your campus sapling	Monsoon Diseases- Health survey
	One volunteer one sapling-Planting 150 sapling in college	<i>Pamper the Future</i> - Mother and Child Project
	Valicheriyal vimuktha campus , gramam,nagaram	Old age home visit and sanitary material d i s t r i b u t i o n
	Reuse plastic bottles as building block	<i>Kazcha</i> - Medical Medical & Eye camp
	My campus sapling -welcome new comers with seed pens and saplings	Medical camp Gandhi @ 150
	Waste to Worth-Protect environment from Waste bottles	Blood donation day- Medical Seminar
	Rain Water Harvesting- Mazhakkuzhi	Medicinal plant garden- NSS @50
	Swachtha Oath Taking	First aid and rescue training
	Bamboo Craft-Broom Making	Water Quality analysis in Kozhencherry
	'Save Our Pampa' river protection Bamboo Planting Project	Cancer day observation- awareness rally
	Green house construction and organic farming	World population day observation
	Green campus clean campus project- Gandhi @ 150	Cloth mask making agent Covid 19
	KSRTC bus stand cleaning- Gandhi @ 150	<i>Helping hands</i> - medicine, food-- help senior citizen
<i>Nakshatravanam</i> - planted human star plants- NSS Birth day - NSS @50	Sanitizer making(600L) for break the chain	

Vegitose organic market programme	
Nature camp at Peechi-Vashani wild sanctuary	
Green corner	
Thanaloram- Vazhiyoram	

Education Related Programmes

Anti-Drug Awareness

Year	Programme	Programme
2019-2020	Awareness class in LP School	Anti-Drug abuse day magic programme
	Eduhelp- educational aid distribution	Say No To Drug campaigning
	<i>Snehasparsham</i> - sponsoring a differently abled student	APJ death anniversary and drug oath taking.
	Anti Ragging and Legal awareness class	
	Nammude granthashala-Library renovation	
	Eduhome- Saksharatha Bhavanam construction	
	Aganawadi adoption and Aganavadi renovation	

NSS Unit organised an awareness programmes for students of MTLP School Kozhencherry on 3 June 2019. They shared their experiences about the importance of good health habits in life. Ecofriendly bags, paper pens and pencils were distributed among the students.



Environmental Day: Distribution of Saplings 05/06/2019



On Environmental day, the NSS unit conducted sapling distribution among the students and teaching and non-teaching staff of the college. The programme was inaugurated by Dr Sneha George Pachayil and it helped our students to

understand the importance of growing trees on the campus and also at homes. 480 saplings were distributed.

Haritham 2k19-Grow with Your Campus Sapling 07/06/2019



The Unit started a photographic programme- Haritham 2k19-Grow with Your Campus Sapling on behalf of Environmental Week celebrations. First and second prizes were given to those students who planted maximum number of trees and uploaded

different stages of planted saplings in the next 4 months. 52 students participated in this programme which was inaugurated by the college principal Dr Mathew P. John. Mr Amal Sundar of second year B.Sc Zoology won the first prize. 573 saplings were planted by participants. Students were able to maintain a growing relationship with mother nature through this programme.

One Volunteer One Sapling: Planting 150 saplings 08/06/2019



On behalf of 150th birth year of Mahathma Gandhi, NSS volunteers planted 150 saplings on the campus. This was based on MG University's special programme 2019 called Gandhiji@150. Each volunteer planted a sapling in the boundary of our college ground.

“Valicheriyal Vimuktha Campus, Gramam, Nagaram”12/06/2019



The NSS unit conducted an awareness programme on “valicheriyal vimuktha campus, gramam, nagaram” on 12 June 2019. Dr Jassy Thomas inaugurated the programme and 132 students participated. An awareness session was conducted by Dr Jassy Thomas on the effects of throwing non-biodegradable things around.

Reuse Plastic Bottles as Building Block



NSS Unit used plastic bottles as building material for campus beautification on June 15. On the basis of “Valicheriyal Vimuktha Campus, Gramam, Nagaram.” 80 volunteers took part in this programme and collected used plastic bottles from different parts of the campus. These bottles were

filled with waste materials and were used to make benches and bunds around trees and on the steep land. It prevented soil erosion considerably and helped in water harvesting in the campus. This helped in reducing the habit of throwing the used plastic bottles in and around the campus.

My Campus Tree: Welcoming New Comers with Seed Pens and Saplings



Orientation programme for the first year students of the college was conducted on 17 June 2019. The NSS unit welcomed the students and their parents were welcomed with saplings and seed pens. 358 saplings were distributed on that day. The programme was aimed at giving awareness about the use of eco-friendly paper or seed paper pens among the students.

International Yoga Day

International Yoga Day was observed on 21 June 2019 in college auditorium. College Principal Dr Mathew P. John inaugurated the function. Dr R.S.Sindhu took classes on “Importance of Yoga on Preventing Life Style Diseases” and Mr Sujith S. led the training session. About 1200 NSS volunteers and NCC cadets took part in this programme.



Say No to Drugs

On behalf of Anti-Drug abuse week a ‘Say No To Drug’ campaign was organised on 2 July 2019. Dr Mathew P. John inaugurated the programme. 320 students signed the ‘No To Drug Board’ and took an oath against drug abuse.



World Population Day Observation- 11/07/2019

On behalf of World Population Day observation, the NSS Unit arranged a Flash Mob on 11 July 2019. Placards on population control were also used. 40 NSS volunteers participated in this programme.

Rain Water Harvesting- Mazhakkuzhi



Volunteers made 10 'mazhakuzhees' for rain water harvesting in different areas of the campus on 13 July 2019. Pits were dug and filled with coconut fibre for water absorption. 58 Volunteers participated in this programme.

International Day for Justice Exhibition

The NSS unit arranged an Exhibition for college students on International Day for Justice. It introduced different international, national, state organisations and personalities related to social justice.

Anti-Ragging and Legal Awareness Class



On 25 July 2019 the NSS unit conducted an anti-ragging and legal awareness class to the college community. The programme was inaugurated by the Principal Dr Mathew P John and the District legal service society counsellor took classes.

Orientation Camp



Orientation camp for the first year students was conducted on 30 July 30 to 1 August 2019. World Malayalam trainer Mr Binu P. inaugurated the camp which was presided over by Dr Mathew P John. 102 students participated in the camp. A session about NSS was taken by former NSS programme officer Mr Libus Jacob Abraham. Yoga sessions were led by Mr. Sujith A.

APJ Abdul Kalam's Memory and Anti-drug Oath Taking

APJ Abdul Kalam's death anniversary was observed on 27 July 2019. Dr Mathew P John inaugurated this meeting with a message and by igniting the lamp in front of the photo of Dr APJ. The volunteers ignited the candles from the lamp and took anti-drug oath.



Swachtha Oath Taking

The NSS unit conducted an oath taking ceremony on 1 August 2019 to keep the campus and the community clean. Former principal of the college, Captain Dr Roys Mallassery, inaugurated the function and delivered a talk on Clean Campus and Clean Community.

Hiroshima Nagasaki Day Awareness Rally

An awareness rally was conducted on 6 August 2019 from Kozhencherry bus stand to the partner village Kuragumala holding placards on the importance of world peace.



Painting Competition: World Senior Citizen Day

An inter collegiate painting competition was conducted on behalf of the world Senior Citizen Day on 21 August 2019. 16 students participated in this programme.



Bamboo Craft-Broom Making

Training on bamboo craft and broom making was organised on 23 August 2019. They were taught to make flower vase and pen stands and brooms using bamboo by trained volunteers. These were sold on the campus and its profit was used for the mother and child project.



Waste to Worth': Protect Environment from Glass Waste

To Protect Environmental from the hazards of glass wastes a new programme 'Waste to Worth' was organised on 31 August 2019. Waste glass bottles from the campus and Kozhencherry town were collected, cleaned and used for bottle craft. The painted bottles were sold on the campus and the profit was used for the mother and child programme.



Anti-Drug Awareness- Flash mob

An antidrug awareness flash mob was conducted on October 4 in association with antidrug cell.



Bhoomi Sadya: Onasadya to Nature

The NSS unit conducted a programme to feed the animals, insects and birds-- '*Bhoomi Sadya*' Onasadya to nature--on 10 September 2019.



Onam Celebration

Onam was celebrated on 13 September 2019. Games and competitions were arranged.

Green Campus Green Classroom Project-Gandhi @ 150

On 28 September, the Unit conducted 'green campus clean campus' programme. 30 NSS volunteers participated in this programme. A paper-pen campaign was organised and indoor plants were placed in all classrooms.

Green House Construction and Organic Farming

As part of the vegetable cultivation organic farming programme, from 21 September onwards, the volunteers constructed a green house and cultivated vegetables of different types. Peas, beans, cabbage, cauliflower, brinjal, lady's finger and green chillies were cultivated. Ginger, turmeric, tapioca, elephant yam etc. were also cultivated in different parts of the campus. The profit from selling the crops from this organic farming was used for senior citizen palliative care programme. The senior citizen palliative programme was successfully completed using this fund.



Gandhi @ 150- Quiz Programme



A quiz programme was conducted on 29 September 2019, at the end of Gandhi @ 150 one week Gandhi Jayanthi celebration. 12 teams from different departments of the college participated in this

programme. Economics department team got the first prize and Chemistry the second prize. This programme helped to improve the knowledge about Mahatma Gandhi and modern India history.

Blood Donation Camp-Gandhi @ 150



On behalf of the 150th birthday of Mahatma Gandhi, the Unit conducted a blood donation camp on 30 September in association with Blood Donors Kerala and Pathanamthitta District Blood Bank.

Medical Camp- Gandhi @ 150



A medical camp in association with the Blood Donation Day district level inauguration was conducted on 1 October. Blood group detection was also done in this camp.

National Blood Donation Day: District Level inauguration and One Day Seminar- Gandhi @ 150

On behalf of the 150th birthday of Mahatma Gandhi, on 1 October the Unit conducted a district level inauguration programme of Blood Donation Day in association with Arogya Keralam, Blood Donors Kerala, Kerala AIDS Control Society and District Blood Bank. The seminar sessions were led by District Medical Officer Dr Rekha, District Assistant Medical Officer Dr P. R. Nandini, and Kerala blood donors President Biju Kumbazha.



Medicinal Plant Garden-NSS @50

A medicinal plants garden was developed on the campus on 9 November. About 35 varieties of ayurvedic medicinal plants like threfala, dasapushpa, tulasi, ginger, turmeric, brahmi, neelabringadi, brigaraj, sarpaganthi, adalodakam, muriga, hibiscus, aloe vera, etc. were planted. This project was very



helpful for the students to know about different types of medicinal plants and their impotence and medicinal values. QR codes scanning of these plants is also arranged.

Vegetos Organic Market Programme



The Unit actively participated in the *Vegetos 2020* programme conducted by the Department of Botany on 30 November. Students sold their agricultural and organic products. Mr Mathew, farmer from Kozhencherry Panchayath, was honoured for his contribution to organic farming and agricultural work.

Nature Eco-Study Camp at Peechi-Vazhani Wild Sanctuary



The Unit got an opportunity to attend a three day nature camp in Peechi-Vazhani wild sanctuary from 2-4 December. Trucking through the forest was a novel experience to know about nature and forest, Forest Ranger Mr P Madhu gave guidance to the volunteers. Different sessions about nature, butterflies, snakes, wild animals etc. were very informative to the students.

Transform the Culprit: Intercollegiate Poster Troll Competition



The Unit conducted an intercollegiate poster troll competition on 5 December in association with Social Justice Department on the subject *Transform the Culprit*. Nebu from Mar

Thoma College, Thiruvalla, got the first prize and Jobin from St Thomas college Kozhencherry got first in poster competition.

Transform the Culprit: One Day Seminar



The Unit conducted an intercollegiate one day seminar on *Transform the Culprit* on 5 December 2019 in association with Social Justice Dept., Pathanamthitta.

District Panchayath President Annapoorna Devi inaugurated the seminar and District Probation Officer Abeen A. led the classes.

Green Corner



The Unit constructed a green corner, eco-friendly, plastic-free meeting space on the campus on 12 December. Saplings were planted,

constructed a small pond, and cultivated Guppy fish. Now different club meetings and tutorial classes are held here. Teachers and students buy Guppy fish to reduce mosquito problems.

Two Day Intercollegiate Workshop and Camp: AVP Programme



An Intercollegiate workshop on 'Alternative to Violence Project (AVP)' was organised on 4&5 January. It was a trainers training programme in association with the District Probation Office. 46 volunteers from different colleges participated in this programme. Aranmula MLA MsVeena George inaugurated the programme.

Cancer Day Observation: Awareness Rally



On World Cancer Day, the Unit conducted an awareness rally from Kozhencherry town to the college campus. 106 volunteers participated in this rally which was flagged off by the Principal.

Sanitizer Making and Break the Chain Campagin



The NSS Unit along with Department of Chemistry made hand sanitizer in the Chemistry lab and distributed among the teachers on invigilation duty and all students in the examination hall

on March 11 and 14. The Unit distributed the sanitizer to the Kozhencherry Panchayath Office and Treasury Office. 19 NSS volunteers participated in this programme. The Unit also helped Elanthoor Block Panchayath in making 300 litres of hand sanitizer for household distribution.

Lockdown Adukkalathottam

The volunteers made Lockdown Adukkalathottam from 18 March. The seeds were obtained from the agricultural Department and the Unit participated in vegetable cultivation challenge.



Cloth Mask Making for Friends



The Unit stitched 1000 cotton masks for distribution among college students in the examination hall from 24 March. 21 volunteers participated in this programme.

Pre-Republic Day National Camp

Anmal Sunder (BSc Zoology) was selected for National Pre-RD camp.



Programme Officers: Mr Arun John & Dr Sneha George Pachayil

PARENT TEACHER ASSOCIATION

The college has a strong and active PTA which is functioning in accordance with the guidelines of the Collegiate Education Department of Kerala Govt. Parents actively participate in all programmes of the PTA. It extends all possible support to the academic and physical development of the college. Every year the Annual General Body approves the budget and receipts and payments account. There is an Executive Committee consisting of ten members out of which four are parents. Assisting curricular and co-curricular activities of the college such as financial assistance for student counseling, Association programmes, supporting seminars, conducting internal examinations, sports, University Youth Festivals and granting scholarships to meritorious students are done by PTA. During the year 2019-20 two water coolers were installed in college campus and a Public Address system in Dr Juhanon Mar Thoma Hall. Providing noon meals for needy students has been the major programme undertaken by PTA for the last 15 years. In 2019-20 Rs 1,23,650 was spent in this regard.

President: Dr Mathew P. John (College Principal); Vice President: Sri. Benny Puthenparambil; Secretary: Dr R. S. Sindhu; Treasurer: Ms Ria Mammen.

REYONO JOURNAL OF INTERDISCIPLINARY STUDIES



A one day National Seminar on “Futuristic Approach to Climate Change” was organised under the aegis of *REYONO journal of interdisciplinary studies* and the IQAC on 31 January 2020. Prof. Dr. C. T. Aravindakumar,

Pro- Vice Chancellor, Mahatma Gandhi University, inaugurated the event.



Technical sessions were handled by Ms Aleena Elsa Mathew, Project Scientist, National Centre for Coastal Research, Ministry of Earth Science, Govt. of India, Chennai (Topic: Flood Warning System and Coastal Resilience) and Dr Abhilash S., Associate Director, Advanced Centre for Atmospheric Radar Research, CUSAT (Topic: Accelerated Global Warming and Sixth Extinction Threat). There were 85 participants and 12 paper presentations. Dr Jinsu Varghese was the convenor and Dr Praveen S. S. and Ms Ann Susa Thomas were the coordinators of the seminar.

STAFF ASSOCIATION

The first general body meeting of the Staff Association of the academic year 2019-20 was held on 02 September 2019 in the Dr Juhanon Mar Thoma Hall. The audited accounts of the previous year were presented and passed.

Christmas carol programme was conducted on 20 December 2019 along with the non-teaching staff of the College. Rev. Gigo M. Jacob, Vicar, Sehion Mar Thoma Church, Ayroor delivered the Christmas message. A sumptuous lunch followed the programme.



A talk on “Career and Service Matters” was conducted on 12 February 2020 for the teachers of the college. Mr Joji Alex, Associate Professor, St Thomas College, Pala was the Resource Person. The talk was greatly informative and was attended by over sixty teachers.

The outbreak of the pandemic, Covid 19, took its toll on the activities of the college. Send-off to the retiring staff of the academic year 2019-20 could not hence be conducted at the end of the year.

Secretary: Ms Elizabeth John

STUDENT LEADERSHIP TRAINING CELL



A one-day workshop on “Transforming Emerging Leaders” was held on 17 January 2020 at Dr Juhanon Mar Thoma Hall. Ms Aaroline K. Tom, CEO, Bright Ray, was the resource person. 59 Undergraduate first year and second year students of all the Departments of the College participated.

Convenor: Ms Ann Susa Thomas

TUTORIAL/MENTORING CELL



Tutorial Committee, in association with the IQAC, organised an orientation programme on Counselling, Mentoring, Tutorial and Life Skills for the faculty on 12 November 2019 at 9.30 a.m. at Juhanon Mar Thoma Hall. Dr Rosamma Philip, Principal, Mount Tabor Training College, Pathanapuram, handled the class. Dr Mathew P. John, Principal of the college, presided over

the meeting. At the outset, Dr Philip highlighted the ultimate learning outcome of mentoring and tutoring. She added that a mentor is a person who should initially support the students and gradually help them to be independent. The role of teachers as mentors is to transform learners to scholars. She emphasised that teachers should be mature persons with emotional integrity, cordial relationship, active engagement and unifying philosophy of life. Only then can they motivate the students. The session was concluded at 12.30 p.m.

Coordinator: Ms Seeniamma C. Chennattucherry.

UNNATH BHARAT ABHIYAN

The UBA unit of the college encouraged students and coordinators to do various online programmes on COVID 19 awareness programmes like Muhammad Bin Rashid University of Medicine's Community Immunity Awareness Programme and from Government of India.



On 18 March 2020, the Unit distributed hand sanitizers, prepared by the NSS unit in association with the Department of Chemistry, to the nearby schools (Marthoma LP School, Kozhencherry) and two villages adopted by UBA scheme. Leaflets regarding how to fight COVID 19 and protocols to be followed during the lockdown period (in local language) were

also distributed. The Unit collected re-usable mask sanitary masks from District Kudumbasree units and handed them over to the village officers of the respective villages.



The Unit organised a webinar on 13 May 2020 on general awareness on exams in the wake of COVID-19. Mr Yogesh Pawar, Director DigitalEdu IT Solutions Pvt. Ltd spoke on "Possible Solutions in Tune with UGC Guidelines Published on 29 April 2020."

Coordinator: Dr Jaya Jacob

UNITED NATIONS ACADEMIC IMPACT- ASPIRE CHAPTER



The UNAI Chapter of the college in association with the NSS Unit of the college celebrated World Environment Day on 7 June 2019 with Mr TKA Nair IAS as the Chief guest. Prof. Raju K. Mathen also spoke on the occasion.



spoke on the occasion.

The Chapter conducted a Corona awareness programme in association with the District Medical Office on 10 February 2020. Dr Reshi, Deputy DTO, led the classes. Aardram Assistant Nodal Officer Dr Sreeraj, Deputy Mass Meida Officer Mr A Suni Kumar

WOMEN'S CELL

During the report year the following were elected as the office bearers. President: Ms Seeniamma C. Chennatucherry (Dept. of Physics); Vice President Dr Lekha P.K. (Dept of Chemistry); Secretary Dr Jinsu Varghese (Dept. of Zoology); Treasurer Ms Priya Mathews (Dept. of Mathematics); Student Secretary: Ms Reshma Rajan (Dc2 Zoology); Student Joint Secretary: Ms Ann Maria Thomas (Dc 2 Mathematics); Manuscript *Arushi* Editorial Board Chief Editor: Vahida (PG1 Malayalam).



The activities of Women's Cell for the academic year 2019-2020 commenced with the **Inaugural Function** on 11 October 2019 at the College Auditorium. Ms Sreeja Shyam, Chief Sub Editor of Mathrubhumi News Channel was the chief guest. In her inaugural address she emphasised the multitasking of women in the society. She added that the women must be strong to balance the responsibilities of home and outside to lead a successful and happy life. Prof. Aleyamma Thomas, former faculty and the first president of Women's Cell was the special invitee to give the felicitation. It was followed by cultural programmes.

The activities of Women's Cell for the academic year 2019-2020 commenced with the **Inaugural Function** on 11 October 2019 at the College Auditorium. Ms Sreeja Shyam, Chief Sub Editor of Mathrubhumi News Channel was the chief guest. In her



On 28 November, a **Pre-marital Counselling Class** was organised for Postgraduate students in association with Kerala Women's Commission. Dr Shahida Kamal, Member of Kerala Women's Commission inaugurated and delivered a talk on the role of women to keep the family healthy. About 90 students (both girls and boys) participated in this programme.

Under the sponsorship of Minority Welfare Department, Government of Kerala, a **Pre-marital Counselling Course** for both degree and postgraduate students were conducted from December to February.



Smt. Letha Cherian, Grama Panchayat Member inaugurated the programme on 18th December 2019. Dr. Mathew P John, Principal presided over the meeting. Prof. Thomas Daniel, District Coordinator, Coaching Centre for Minority and Youth, Pathanamthitta District, gave an overview of the course. Dr Mini Rachel Thomas offered felicitations. Classes were handled by Sri. Sanju T. Kurian, Professional counsellor and Trainer, Sri. M. John Mathew, former Additional Secretary, Trivandrum, and Smt. Letha P. Carmel, HSS, Kottarakara.



A **self-defence class** for both undergraduate and postgraduate students was conducted on 22 February 2020. Ms Adhibha took the classes.

Another major activity of the year was organising a **tailoring course** and in this connection a new tailoring machine was procured in the current year. Ms Aparna K.O PG 2 Botany was in charge of this course. Ms Elsa Ann Koshy, Guest faculty and PG Hostel warden assisted to conduct this tailoring course.



One of the high lights of this year's programme was the conduct of a **two-day residential**



camp for girl students in the college on 28 and 29 February 2020. About 75 students participated in this camp. The camp was inaugurated by Prof. Jolly Anne Thomas, former HoD of Chemistry. Dr Mathew P. John presided over the meeting. Dr Jasy Thomas, Associate Prof and Research Guide, Dept. of Botany, rendered felicitations.

The icebreaking and technical sessions were handled by Sri. Gopukumar N. Senior HSST,



Dr Sindhu R.S. HoD of Physical Education, Dr Sheena Eapen, former HoD of Hindi, Dr Jaisy Philip, Consultant Psychologist, and Smt. Letha P. HSST Carmel Higher Secondary School.

Arts and Literary Fest was also conducted which included competitions in Malayalam/English speech, Essay writing, Extempore in Malayalam and Light music. The following were the prize winners of the various competitions held. Malayalam extempore: 1 st Prize Neethu M Babu (DC2 Chemistry) 2 nd Prize Jiya Sara James (DC1 Physics) 3 rd Prize Shilpa K Mathew (DC1 Chemistry); English essay writing: 1 st prize Pratheesha Sajan (DC3 Physics) 2 nd Prize Stell Donna Ann Varghese (DC3 Physics); Light music competition: 1 st Prize Geethu M (DC3 Hindi) 2 nd Prize Theertha Anish (DC2 Hindi) 3 rd Prize Parvathy Jayan (DC3 Hindi); Report Writing: 1 st Prize Bindu B (DC1 Physics).

The **Valedictory Function and Farewell to Retiring Teachers** was conducted on 6th March 2020 at college auditorium at 1.30 pm. Welcome and Presidential address (in the absence of the Principal) was given by Ms Seeniamma C. Chennattucherry, President, Women's Cell. Dr. Meera Bhai Amma, Associate Professor, Department of Oriental Language, Assumption College, Changanacherry delivered the valedictory address. Felicitation and Farewell note was given by our special invitee, Prof. T.K. Sosamma, former faculty, Dept. of Political Science, and by Ms Leena Varghese, College Union Chairperson. Farewell speeches were made by Ms Priya Mathews, Treasurer, Women's Cell, Aju Anna Thankachan Dc 3 Hindi, and Rohini R. Nair, PG 2 Botany. Ms. Reshma Rajan, Student Secretary, Women's Cell proposed the vote of thanks.

